

Michigan COMMUNITY INTEGRATED PARAMEDICINE Treatment Protocol

CONGESTIVE HEART FAILURE CARE

Initial Date: November 19, 2020

Revised Date: Section 11-54

This protocol is for trained CIP Paramedics only. If during assessment, procedure, or treatment the patient is found to have a medical emergency in need of hospital treatment, the CIP visit will be suspended, and local MCA protocols utilized.

Purpose: To provide additional guidelines beyond the CIP General Assessment and Care for evaluating, caring for and educating patients with CHF.

- I. Follow CIP Patient General Assessment and Care protocol
- II. Obtain additional vital signs, history, and diagnostics pertinent to condition and/or as ordered by physician which may include:
 - a. Vitals:
 - i. Weight
 - ii. Blood pressure with systolic and diastolic evaluation
 - iii. SpO2
 - b. History:
 - i. Weight and blood pressure history and trends
 - ii. Activity tolerance
 - iii. Sleeping position
 - iv. Recent DIB requiring treatment
 - v. Medication use (diuretics, respiratory)
 - vi. Spirometry, peak flow, capnography
- III. On-scene medication administration may include:
 - a. Use of approved MCA protocols and medications up to the extent of standard paramedic treatment according to protocol.
 - b. Assist with patient's prescribed home medications that are not included in standard EMS treatment protocols
- IV. On-scene education and suggested support sources may include:
 - a. Salt and fluid intake discussion/counseling
 - b. Review of proper device care and use: oxygen, diuretics, CPAP, and other medications being used for maintenance.