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## **Methylprednisolone**

### **Protocols:**

1. Anaphylaxis/Allergic Reaction
2. Adrenal Crisis
3. Adult Respiratory Distress
4. Pediatric Respiratory Distress, Failure, or Arrest


### **Indications:**

1. Allergic reactions
2. Airway inflammation
3. Reactive airway disease
4. Acute adrenal insufficiency

### **Contraindications:**

1. Hypersensitivity to methylprednisolone (or similar)
2. Inability to swallow (by age or patient status)

### **Dosing:**

1. Adult 125 mg IV/IO/IM
2.  Pediatrics 2 mg/kg IV/IO/IM (max dose 125mg)

### **Expected Effects:**

1. Decreased inflammation

### **Side Effects:**

1. Dizziness
2. Nausea/vomiting