## GCMCA Individual Rehab Record

| FF Name & Tag #   |  |
|---|--|
| # of SCBA Bottles Used  |  |
| Time In   |  |
| BP In   |  |
| HR (if >110 HOLD)   |  |
| Temp (if >100.6 HOLD)   |  |
| Fluid Amount (1L/Hr-50/50 water + commercial activity beverage)         |  |
| Food Amount (>3hr scene, use broth, soup, stew, and/or fruits)          |  |
| Climate Rehab (Amount of time in if heat index >90F or wind chill <10F) |  |
| Time Out  |  |
| BP Out  |  |
| HR Out (>110 HOLD):   |  |

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